



Dear Parents/Carers,

I am writing to make you aware that we will be learning about puberty and the changes that will take place during the spring term. Your child/ children may want to discuss their thoughts and feelings with you after the sessions. We will encourage them to do so using the correct vocabulary. I have included information about what the children will be learning below. You can find more information on our website: [parents/relationship and sex education](#).

This information was communicated to all parents last year, via a consultation. Children will learn about puberty through the use of a PowerPoint presentation outlining changes in puberty; labelling diagrams; group talks with their teacher. The children will be taught about changes for both males and females and will be given an opportunity to discuss further in male and female only groups (in which the girls will be told about the location of sanitary wear in the classroom if ever needed). Prior to the session as an ice – breaker children will be allowed to play the name game; they will be able to voice different names of penis, scrotum, testis and breasts. Also, children will be able to anonymously record questions they would like to ask.

There are certain areas, highlighted in our policy; that parents cannot withdraw their children from. You cannot withdraw your child from Relationships Education (Statutory) because it is important that all children receive this content, covering topics such as friendships and how to stay safe. The Science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from. Please note the Science Curriculum does not include the teaching of sexual intercourse.

Yours faithfully

Mrs Pincher (PSHE/RSE coordinator) and Year 4 Staff